

# Dressage Training Days

with

## Manolo Mendez

Pakenham/Cranbourne area

held regularly on

Saturdays

**ALL LEVELS WELCOME**

Manolo's training days focus on developing **YOUR** skills and "feel" to enable you to:-

- work your horse correctly to build the muscle structure and suppleness required for more advanced dressage training;
- develop a range of exercises and routines which will enable your horse to progress in its training, and give you an understanding of why, when and how to use the exercises;
- incrementally increase the degree of difficulty of work and introduce new movements and exercises as your horse is ready without placing either physical or mental stress on it.

For more information contact:

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To find out more about Manolo's training

philosophy see articles at:

[www.horseoz.com](http://www.horseoz.com)

P.T.O. for FAQ

## FAQ

**Q How often are training days held? Are they reliable?**

A Training days are usually once, sometimes twice per month. They are not a "fixed" day of each month, but we work out a schedule roughly 4-6 months ahead which works around Manolo's other commitments. Occasionally a particular day will not have enough riders to go ahead, and because the days are set so far ahead inevitably sometimes "things happen" which mean Manolo can't make it - but these occasions are rare.

**Q How are the lessons structured?**

A The lessons come as a group of 3, semi private (1 hour) or private (45 minutes). As a general guide young horses and those working Preliminary/Novice or Levels 5 to 3 HRCAV would do a group of 3, around Elementary/Level 2 you may wish to move to semi private as you establish lateral work, and Medium and above or Level 1 you will probably benefit from a private lesson. If you are having particular problems at any level you may wish to have a private lesson, and if you wish to explore "in hand" work with your horse you should also have a private lesson.

**Q Can I come and watch before I ride?**

A Yes, you are welcome to come and watch some of the lessons.

**Q My horse is a XXX [not a dressage breed]. Does this matter?**

A No, Manolo is happy to teach all types of horses. All horses benefit from correct training, and many of these horses with "less than ideal" conformation for dressage have the willingness and trainability which allows them to do progress beyond expectations despite their perceived disadvantages.

**Q I want to teach my horse to [half pass/flying changes/piaffe/passage etc.]**

A It is a good idea to discuss your goals for your horse and your riding with Manolo. However, if Manolo feels that your horse is not ready to do what you want he will tell you. He will explain what you need to achieve before you can progress, and will help you with the work you need to do to get there.

**Q Will I have trouble understanding Manolo?**

A Possibly (unless you speak Spanish). However Manolo is quite open to you asking him when you don't understand, he does an excellent impression of a horse when demonstrating (his passage is very good) and where appropriate he will ride your horse and show you what he wants you to achieve. As you get to know him it becomes easier to understand him.